



Sample Lesson\*

# Networking & Connecting: Your Network (20 minutes)

KS4 (ages 14-16)

**\*N.B** The programme lessons are interactive – as this document cannot display the interactive elements of the lessons we have endeavoured to demonstrate them as best as we can



## Lesson Objectives:

- To identify your network
- To understand how to expand your network – to learn about jobs and work experience



## Activity 1: Fill in your sheet\* (5 mins)

Your teacher will hand out a diagram sheet to you. On the sheet, circles show categories of people connected to you.

- Write your name in the big rectangle
- Next to each of the little squares, write down an example of a person you know in that category

\*Activity sheet provided in lesson plan



## Activity 2: Add on Jobs (4 mins)

- This is a diagram of your **“network”** or a small part of it
- Your network can be a source of support to learn about jobs – which is called **“networking”**
- On your diagram, next to each person with a job, write down what that job is (if you know)



## Activity 3: Expanding your network (2 mins)

- You could easily talk to anybody on your network sheet to learn about their job
- But networking is about expanding your network, to find new people
- In groups of four, expand your network by fitting your sheets together in a windmill shape, so that ***“classmates”*** forms a full circle



## **Activity 4: Who has the most interesting job** (5 mins)

- Look at your expanded network
- As a group, discuss who on there has the most interesting job
- What would you ask them about their job?



## Plenary (4 mins)

- How many other ways can you think of, to expand your network?